



IV FISU AMERICA GAMES
LIMA 2026

TECHNICAL REGULATION OF **ATHLETICS**



UPDATES

DATE	CHANGES
01/05/2026	<ul style="list-style-type: none">• Inclusion of Technical Staff• Competition Program• Equipment available from the Federation.



TABLE OF CONTENTS

ATHLETICS TECHNICAL REGULATIONS.....	3
Article 1. GENERAL INFORMATION	3
Article 2. COMPETITION AUTHORITIES.....	3
Article 3. PARTICIPATION BY COUNTRY.....	4
Article 4. OFFICIAL STATUS OF THE COMPETITION	5
Article 5. COMPETITION PROGRAM.....	5
Article 6. COMPETITION SYSTEM	9
Article 7. TECHNICAL SPECIFICATIONS.....	10
Article 8. CALL ROOM.....	11
Article 9. ATHLETE OFFICIAL UNIFORM.....	16
Article 10. CONDUCT.....	17
Article 11. UNFORESEEN CASES.....	17



ATHLETICS TECHNICAL REGULATIONS

IV FISU AMERICA GAMES – LIMA 2026

These Technical Regulations establish the sports rules governing the Athletics competition at the IV FISU AMERICA GAMES – LIMA 2026. They have been prepared by the Peruvian University Sports Federation (FEDUP) and approved by FISU AMERICA.

They are mandatory for all participants and shall be applied together with the General Regulations of the IV FISU AMERICA GAMES – LIMA 2026, as well as the regulations in force of FISU AMERICA and World Athletics (WA).

In the event of any discrepancy in the interpretation of the technical rules, the official English text of World Athletics shall prevail.

Article 1. GENERAL INFORMATION

- ORGANIZER : FISU AMERICA and the Local Organizing Committee (LOC) – FEDUP.
- VENUE : IPD Athletics Stadium – VIDENA.
- REGISTRATION : In accordance with Article 20 of the General Regulations of the IV FISU AMERICA GAMES – LIMA 2026.
- TECHNICAL MEETING : July 29, 2026, 10:00 hours. In-person format. Venue to be announced through an Official Bulletin.
- COMPETITION : July 30 to August 1, 2026.
- SCHEDULE : Shall be established in the Official Competition Program.

Article 2. COMPETITION AUTHORITIES

The athletics competition shall be organized and supervised by:

- a) The FISU AMERICA Sports Technical Commission.
- b) The Local Organizing Committee (LOC) – Lima 2026.



- c) The Technical Coordinator for Athletics.
- d) The General Referee and the body of judges and technical officials appointed in accordance with current World Athletics regulations and approved by FISU AMERICA.

Article 3. PARTICIPATION BY COUNTRY

Individual events

Each country may register up to three (3) athletes per individual event and per gender (women and men), in accordance with the General Regulations of the Games.

Relay events

- a) In each relay event, each country may register up to two (2) teams per gender, in accordance with the General Regulations of the Games.
- b) In the 4 x 100 m and 4 x 400 m relays, each country may register up to eight (8) athletes per team, of whom four (4) shall be designated to compete in each round.
- c) In the mixed 4 x 100 m and 4 x 400 m relays, each country may register up to two (2) teams and may accredit up to eight (8) athletes per team (four (4) men and four (4) women). In each race, two (2) men and two (2) women must be lined up.
- d) The leg order for mixed relays shall be as follows, in accordance with current World Athletics regulations:
 - 4 x 100 m mixed: Man – Woman – Man – Woman.
 - 4 x 400 m mixed: Man – Woman – Man – Woman.

Any modification shall automatically align with future updates to the World Athletics international regulations.

Technical staff by country.

Each country may register a minimum of one (1) and a maximum of four (4) technical officials specific to the discipline of athletics (coach, assistant, physiotherapist or others),



according to the technical needs of the discipline, provided that such registration does not exceed the maximum number of officials permitted per delegation under the General Regulations of the IV FISU AMERICA GAMES – LIMA 2026.

Maximum participation per athlete

- a) Each athlete may participate in up to three (3) individual events and two (2) relay events, in accordance with World Athletics provisions and the Official Competition Program.
- b) The Heptathlon and Decathlon are considered individual events.
- c) Participation must comply with the safety, recovery and competitive load criteria established by World Athletics.

Confirmation of sports entries.

- a) At the Technical Meeting, the head of delegation or their representative must confirm and sign the official list of participants by event (individual and relay).
- b) Any entry not duly confirmed at the Technical Meeting shall not be considered, except in cases of force majeure duly supported and accepted by the Local Organizing Committee (LOC) and FISU AMERICA.

Obligation to participate.

Every athlete entered in an event is required to participate. Unjustified absence may result in withdrawal from the remainder of the athletics competition, except in cases of force majeure duly accredited before the LOC and FISU AMERICA.

Article 4. OFFICIAL STATUS OF THE COMPETITION

In accordance with the General Regulations of the Games.

Article 5. COMPETITION PROGRAM

The official program shall include track, field, relay and combined events, according to the calendar approved by FISU AMERICA and current World Athletics rules. The event (competition) shall last three (3) days.



EVENT	WOMEN	MEN
100 m		
200 m		
400 m		
800 m		
1500 m		
5000 m		
10,000 m		
10,000 m race walk		
100 m hurdles	0.84 m (height)	
110 m hurdles		1.06 m (height)
400 m hurdles	0.76 m (height)	0.91 m (height)
3000 m steeplechase	0.76 m (height)	0.91 m (height)
4 x 100 m Relay		
4 x 400 m Relay		
Mixed 4 x 100 m Relay		
Mixed 4 x 400 m Relay		
High Jump		
Pole Vault		
Long Jump		
Triple Jump	11 m board	13 m board
Shot Put	4 kg (weight)	7.26 kg (weight)
Discus Throw	1 kg (weight)	2 kg (weight)
Hammer Throw	4 kg (weight)	7.26 kg (weight)
Javelin Throw	600 g (weight)	800 g (weight)
Heptathlon		
Decathlon		

ATHLETICS SCHEDULE

SESSION 1 – Thursday, July 30

SESSION 2 - Thursday, July 30

No	Event	Gender	Round	No.	Event	Gender	Round
----	-------	--------	-------	-----	-------	--------	-------



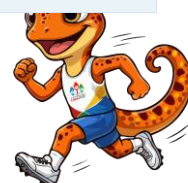
1	10,000 m race walk	W	Final	16	200 m	Heptathlon	
2	Hammer Throw	W	Final	17	Shot Put	W	Final
3	Pole Vault	W	Final	18	200 m	W	Semifinal
4	100 m	W	Semifinal	19	High Jump	W	Final
5	100 m	M	Semifinal	20	200 m	M	Semifinal
6	100 m hurdles	Heptathlon		21	Long Jump	Heptathlon	
7	100 m hurdles	W	Semifinal	22	400 m hurdles	W	Semifinal
8	Hammer Throw	M	Final	23	Shot Put	M	Final
9	110 m hurdles	M	Semifinal	24	400 m hurdles	M	Semifinal
10	High Jump	Heptathlon		25	5,000 m	W	Final by time
11	800 m	W	Final by time	26	5,000 m	M	Final by time
12	800 m	M	Final by time	27	4 x 400 m Relay	Mx	Final
13	Shot Put	Heptathlon					
14	100 m	W	Final				
15	100 m	M	Final				

SESSION 3 – Friday, July 31				SESSION 4 – Friday, July 31			
No.	Event	Gender	Round	No.	Event	Gender	Round
28	10,000 m race walk	M	Final	44	High Jump		Decathlon



29	Javelin Throw	Heptathlon		45	400 m	W	Semifinal
30	100 m	Decathlon		46	Javelin Throw	W	Final
31	Discus Throw	W	Final	47	400 m	M	Semifinal
32	400 m hurdles	W	Final	48	posta 4x100 mts	W	Final
33	High Jump	M	Final	49	posta 4x100 mts	M	Final
34	400 m hurdles	M	Final	50	Javelin Throw	M	Final
35	Pole Vault	M	Final	51	400 m	Decathlon	
36	Long Jump	Decathlon					
37	800 m	Heptathlon					
38	1,500 m	W	Final				
39	1,500 m	M	Final				
40	200 m	W	Final				
41	Discus Throw	M	Final				
42	Shot Put	Decathlon					
43	200 m	M	Final				

SESSION 5 – Saturday, August 01				SESSION 6 – Saturday, August 01			
No.	Event	Gender	Round	No.	Event	Gender	Round
52	100 m hurdles	W	Final	63	3,000 m steeplechase	W	Final
53	Triple Jump	W	Final	64	Javelin Throw	Decathlon	
54	110 m hurdles	Decathlon		65	Long Jump	W	Final



55	110 m hurdles	M	Final	66	3,000 m steeplechase	M	Final
56	10,000 m	W	Final	67	4 x 400 m Relay	W	Final
57	Discus Throw	Decathlon		68	Long Jump	M	Final
58	Triple Jump	M	Final	69	4 x 400 m Relay	M	Final
59	400 m	W	Final	70	1,500 m	Decathlon	
60	400 m	M	Final	71	10,000 m	M	Final
61	Pole Vault	Decathlon					
62	4 x 100 m Relay	Mx	Final by time				

Article 6. COMPETITION SYSTEM

The events shall be held in accordance with the current Technical Rules of World Athletics. Qualification for finals shall be based on times, marks or positions, in accordance with international regulations and the number of participants per event.

For track events, qualification to participate in the finals:

- Time: the best eight (8) times from all heats qualify for the final.
- If any track event (sprint) has eight participants or fewer, a direct final shall be run at the scheduled final time; however, athletes must report at the scheduled semifinal time, otherwise they shall not be considered (no registration).
- Field events shall be conducted normally (continuously until the event is completed).

Scoring and ranking:

Round

- To encourage the participation of university delegations and athletes, no minimum qualification marks shall be required for this event (each delegation may vary its criteria).



- The points to be awarded shall be those stipulated in the General Regulations of the FISU AMERICA GAMES – LIMA 2026.
- The points obtained in the mixed relays (4 x 100 m and 4 x 400 m) shall be added directly to the overall score because they are not exclusive to a single gender.
- Team rankings shall be determined by the sum of the points obtained by women and men athletes separately, in both categories.
- In the event of a tie, it shall be decided by the greater number of first places; if the tie persists, second places shall be considered, and so on.
- All events in the schedule shall award gold, silver and bronze medals; however, in events with only one participating delegation, that event shall not score toward the final/overall result.

Article 7. TECHNICAL SPECIFICATIONS

- The weights of implements and measurements of obstacles shall be those set out in the international athletics regulations.
- The starting heights in jumping events are:
 - Women's High Jump: 1.40 m
 - Men's High Jump: 1.60 m.
 - Women's Pole Vault: 2.20 m.
 - Men's Pole Vault: 2.70 m.
- Bar progression
 - Women's High Jump
By 5 cm increments up to 1.60m., then by 3 cm increments.
 - Men's High Jump
By 5 cm increments up to 1.85 m, then by 3 cm increments.
 - Women's Pole Vault
By 10 cm increments up to 3.10 m, then by 5 cm increments.



- Men's Pole Vault
By 10 cm increments up to 4.10m. and then by 5 cm increments.
- Women's triple jump take-off board at 11 meters
- Men's triple jump take-off board at 13 meters.

Article 8. CALL ROOM

- The call room is a mandatory technical procedure for all athletes participating in the competition.
- The call room shall open one (1) hour before the start of each competition session.
- Combined event athletes must report only before the start of the first event of each session (morning and afternoon).
- In the call room, the athlete's identity shall be technically verified through their credentials, bibs shall be assigned where applicable, and competition equipment shall be checked in accordance with current World Athletics Technical Rules.
- Call room closing times and entry times to the track or field shall be established in the Official Competition Program according to the type of event.

EVENT	CALL ROOM CLOSING BEFORE THE START OF THE EVENT	INGRESO A PISTA / CAMPO ANTES BEFORE THE START OF THE EVENT
TRACK	20 minutos	8 - 15 minutos
JUMPS (LJ, TJ & HJ)	30 minutos	25 minutos
THROWS (SP, DT, JT & HT)	30 minutos	25 minutos
POLE VAULT	60 minutos	50 minutos

Sports changes:

- No changes or additions shall be made at the Technical Meeting,



only withdrawals (except for system errors).

Withdrawals:

- Withdrawals may be made at the Technical Meeting (no additions), to avoid empty events or heats with few participants.

Competition equipment:

- The Organizing Commission shall provide the implements to be used in the different events.
- Personal competition equipment must be submitted 24 hours before the event to the respective commission for regulatory verification of its condition.
- The list of sports equipment that the Peruvian Athletics Federation will make available to university delegations is shared below.

HAMMER				
BRAND	WEIGHT	DIAMETER	COLOR	QUANTITY
POLANIK	4Kg.	95 M.M.	YELLOW	7
NORDIC SPORT	4Kg.	100M.M.	SILVER	7
ATE	4Kg.	95M.M.	SILVER	7
POLANIK	7,260Kg.	110M.M.	YELLOW	7
NORDIC SPORT	7,260Kg.	115M.M.	SILVER	7
ATE	7,260Kg.	110M.M.	SILVER	8

SHOT



BRAND	WEIGHT	DIAMETER	COLOR	QUANTITY
POLANIK	4Kg.	105 M.M.	SILVER	2
POLANIK	4Kg.	95M.M.	SILVER	2
POLANIK	4Kg.	100M.M.	YELLOW	1
POLANIK	4Kg.	110M.M.	YELLOW	1
NORDIC SPORT	4Kg.	103M.M.	SILVER	1
NORDIC SPORT	4Kg.	105M.M.	BLACK	1
ATE	4Kg.	104M.M.	RED	1
ATE	4Kg.	109M.M.	RED	1
NELCO	4Kg.	100M.M.	LIGHT BLUE	1
POLANIK	5Kg.	100 M.M.	YELLOW	3
NORDIC SPORT	5Kg.	100M.M.	SILVER	2
ATE	5Kg.	114M.M.	RED	3
NORDIC SPORT	6Kg.	119M.M.	SILVER	3
NORDIC SPORT	6Kg.	115M.M.	BLACK	4
ATE	6Kg.	119M.M.	RED	2
POLANIK	7,260Kg.	125M.M.	YELLOW	1
POLANIK	7,260Kg.	128M.M.	YELLOW	2
POLANIK	7,260Kg.	115M.M.	YELLOW	1
NORDIC	7,260Kg.	125M.M.	BLACK	1



SPORT				
NORDIC SPORT	7,260Kg.	120M.M.	BLACK	1
NORDIC SPORT	7,260Kg.	129M.M.	SILVER	3
ATE	7,260Kg.	125M.M.	YELLOW	1
ATE	7,260Kg.	129M.M.	YELLOW	1
UCS	7,260Kg.	116M.M.	RED	3
NELCO	7,260Kg.	129M.M.	LIGHT BLUE	1

DISCUS				
BRAND	WEIGHT	DIAMETER	COLOR	QUANTITY
POLANIK	1.000Kg.		BLACK-GOLD RIM	8
NORDIC SPORT	1.000Kg.		RED-SILVER RIM	9
ATE	1.000Kg.		WHITE-SILVER RIM	6
POLANIK	1.500Kg.		BLACK-GOLD RIM	4
NORDIC SPORT	1.500Kg.		RED-SILVER RIM	3
ATE	1.500Kg.		WHITE-SILVER RIM	2
POLANIK	1.750Kg.		BLACK-GOLD RIM	3
NORDIC SPORT	1.750Kg.		RED-SILVER RIM	3
ATE	1.750Kg.		WHITE-SILVER RIM	3
POLANIK	2.000Kg.		BLACK-GOLD RIM	8



NORDIC SPORT	2.000Kg.		RED-SILVER RIM	8
ATE	2.000Kg.		WHITE-SILVER RIM	7

JAVELIN					
BRAND	CLASS	WEIGHT	FLEX METERS	COLOR	QTY.
POLANIK	SKY CHALLENGER	600gr.	70M.	RED	2
POLANIK	AIR FLYER	600gr.	60M.	PINK-LILAC	2
POLANIK	FULL CARBON	600gr.	80M.	BLACK-SCARLET	4
NORDIC SPORT	DIANA CARBON	600gr.	5.3	WHITE-LILAC	2
NORDIC SPORT	DIANA	600gr.	6.2	PURPLE-WHITE	2
NORDIC SPORT	DIANA CLASSIC	600gr.	7.2	PINK-WHITE	2
NEMETH	CLASSIC	600gr.	80M.	LILAC-YELLOW-GREEN	2
NEMETH	CLUB	600gr.	70M.	LILAC-YELLOW-BLUE	1
NEMETH	CLUB	600gr.	75M.	LILAC-YELLOW-BLUE	1
NEMETH	STANDARD	600gr.	60M.	LILAC	2
NEMETH	STANDARD	600gr.	50M.	LILAC	2
NORDIC SPORT	SUPER ELITE	700gr.	6.8	WHITE-BLACK	3



POLANIK	AIR FLYER	700gr.	65M.	PURPLE-PINK	4
NEMETH	SPECIAL	700gr.	60M.	LIGHT BLUE	3
POLANIK	SPACE	800gr.	90M.	GREEN	2
POLANIK	FULL CARBON	800gr.	100M.	BLACK	4
POLANIK	SKY CHALLENGER	800gr.	80M.	RED	2
POLANIK	AIR FLYER	800gr.	70M.	BLUE-PINK	2
NORDIC SPORT	MASTER	800gr.	7.5	LIGHT BLUE	2
NORDIC SPORT	AIRGLIDER	800gr.	6.1	RED-WHITE	2
NORDIC SPORT	SUPER ELITE	800gr.	6.8	WHITE-BLACK	2
NORDIC SPORT	CHAMPION CARBON	800gr.	4.8	WHITE-LILAC	2
NEMETH	STANDARD	800gr.	60M.	LILAC	1
NEMETH	STANDARD	800gr.	70M.	LILAC	2
NEMETH	CLUB	800gr.	80M.	LILAC-YELLOW-BLUE	2
NEMETH	CLASSIC	800gr.	90M.	LILAC-YELLOW-GREEN	2

Article 9. ATHLETE OFFICIAL UNIFORM

- Athletes must appear in appropriate attire in accordance with World Athletics regulations.
- Use of the official country uniform is permitted.
- The use of garments or accessories with unauthorized advertising, messages or logos shall not be permitted.



Article 10. CONDUCT

The conduct, sports ethics and Fair Play rules established by World Athletics shall apply, as well as the disciplinary provisions of the General Regulations of the Games.

Article 11. UNFORESEEN CASES

Matters not covered in these Technical Regulations shall be resolved in accordance with Article 60 of the General Regulations of the IV FISU AMERICA GAMES – LIMA 2026, and in accordance with the current rules of World Athletics.

ORGANIZING COMMITTEE





IV FISU AMERICA GAMES
LIMA 2026



“ One continent,
one passion ”