



IV FISU AMERICA GAMES
LIMA 2026

TECHNICAL REGULATION OF **RUGBY SEVEN**



UPDATES

DATE	CHANGES
01/05/2026	<ul style="list-style-type: none">• Article 1 was updated: competition venue.• Article 13 was updated: regarding the official ball.• Article 15 was updated: item c, first point, regarding seeded teams.



TABLE OF CONTENTS

RUGBY SEVENS TECHNICAL REGULATIONS	3
Article 1. GENERAL INFORMATION	3
Article 2. COMPETITION AUTHORITIES.....	3
Article 3. PARTICIPATION BY COUNTRY	4
Article 4. COMPETITION SYSTEM	4
Article 5. MATCH DURATION.....	4
Article 6. PLAYERS AND SUBSTITUTIONS	4
Article 7. STANDINGS AND SCORING TABLE	5
Article 8. TIE-BREAKING SYSTEM.....	5
Article 9. FAIR PLAY TABLE.....	6
Article 10. TOLERANCE AND FAILURE TO APPEAR	6
Article 11. SAFETY AND CONCUSSION PROTOCOL.....	7
Article 12. OFFICIAL UNIFORM.....	7
Article 13. OFFICIAL BALL.....	7
Article 14. OFFICIAL TECHNICAL MEETING.....	7
Article 15. DRAW AND GROUP FORMATION	8
Article 16. UNFORESEEN CASES.....	8



RUGBY SEVENS TECHNICAL REGULATIONS

IV FISU AMERICA GAMES – LIMA 2026.

These Technical Regulations establish the sports rules governing the Rugby Sevens competition at the IV FISU AMERICA GAMES – LIMA 2026. They have been prepared by the Peruvian University Sports Federation (FEDUP) and approved by FISU AMERICA.

They are mandatory for all participants and shall be applied together with the General Regulations of the IV FISU AMERICA GAMES – LIMA 2026, as well as the regulations in force of FISU AMERICA and World Rugby.

In the event of any discrepancy in the interpretation of these rules, the official English text of World Rugby shall prevail.

Article 1. GENERAL INFORMATION

- **ORGANIZER** : FISU AMERICA and the Local Organizing Committee (LOC) – FEDUP.
- **VENUE** : Andrés Avelino Cáceres Sports Complex, Villa María del Triunfo - IPD.
- **TECHNICAL MEETING** : July 20, 2026, in-person format. Time and venue to be confirmed through an Official Bulletin.
- **COMPETITION** : July 21 and 22, 2026.
- **SCHEDULE** : Shall be established in the Official Competition Program.

Article 2. COMPETITION AUTHORITIES

The Rugby Sevens competition shall be organized and supervised by:

- a) The FISU AMERICA Sports Technical Commission.
- b) The Local Organizing Committee (LOC) – Lima 2026.
- c) The Technical Coordinator for Rugby Sevens.
- d) The Technical Delegate and referee corps appointed in accordance with current World Rugby regulations and approved by FISU AMERICA.



Article 3. PARTICIPATION BY COUNTRY

- a) Each country may register one men's team and one women's team.
Each team may register a maximum of twelve (12) athletes.
- b) Each team may register a minimum of one (1) and a maximum of four (4) technical officials, in accordance with the General Regulations.
- c) The maximum number of teams per gender shall be twelve (12).

Article 4. COMPETITION SYSTEM

The competition system shall be defined by the Local Organizing Committee, in coordination with FISU AMERICA, according to the final number of registered teams, and may include:

- Group stage.
- Round Robin system.
- Placement rounds and knockout stages.

All matches shall be played in accordance with the World Rugby Laws of Rugby Sevens.

Article 5. MATCH DURATION

- a) Matches shall be played in two (2) halves of seven (7) minutes each, with a two (2) minute interval.
- b) In deciding matches that end tied, two (2) extra-time periods of five (5) minutes shall be played.
- c) The first team to score a valid point in accordance with the World Rugby Laws of the Game (try, penalty or drop goal) shall be declared the winner of the match.

Article 6. PLAYERS AND SUBSTITUTIONS

- a) Each team shall field seven (7) players on the field of play.



- b) Up to twelve (12) players may be registered per team. Up to five (5) substitutions per match shall be authorized, with re-entry permitted (rolling substitutions), in accordance with World Rugby.
- c) All substitutions must be reported in advance to the control table.

Article 7. STANDINGS AND SCORING TABLE

The standings table shall be prepared in accordance with the scoring system used in official Rugby Sevens competitions, according to World Rugby provisions, applicable to the tournament group stages.

The allocation of points per match shall be as follows:

- Match won: four (4) points.
- Match drawn: two (2) points for each team.
- Match lost: one (1) point.
- Match lost by failure to appear (W.O.): minus one (-1) point.

The ranking shall be determined by the highest number of points obtained in the corresponding phase.

In final phases or deciding matches, draws shall not be allowed; they shall be resolved according to the procedures established in these Technical Regulations and World Rugby provisions.

Article 8. TIE-BREAKING SYSTEM

8.1 Tie between two (2) teams

In the event of a tie on points, the following criteria shall apply in order:

- a) Point difference (points for minus points against).
- b) Greater number of tries scored.
- c) Result of the match played between the teams involved.
- d) Fair Play Table.



e) Draw.

Tie among three (3) or more teams

A partial table shall be prepared considering only the matches played among the tied teams, applying:

- a) Point difference among the teams involved.
- b) Greater number of tries among the teams involved.
- c) Fair Play Table.
- d) Draw.

Article 9. FAIR PLAY TABLE

- a) The Fair Play Table is intended to assess the disciplinary conduct of teams.
- b) Disciplinary points shall be assigned according to the following scale:

Disciplinary sanction	Score
Yellow card	10 points
Red card	20 points

- c) The total score shall be the accumulated sum of sanctions received during the corresponding phase.
- d) The team with the lower disciplinary score shall be ranked higher.

Article 10. TOLERANCE AND FAILURE TO APPEAR

- a) A maximum tolerance of two (2) minutes shall be granted from the scheduled match time.
- b) Once this period has elapsed, the absent team shall be declared loser by W.O.
- c) A match declared W.O. shall be recorded with a technical score of 28-0, in accordance with World Rugby provisions.



Article 11. SAFETY AND CONCUSSION PROTOCOL

- a) The World Rugby “Identify and Remove” protocol shall be strictly applied.
- b) Any player showing signs or symptoms of concussion shall be immediately removed from the field of play.
- c) The removed player may not return to the match or to the remainder of the tournament, prioritizing the athlete’s safety and health.

Article 12. OFFICIAL UNIFORM

Teams must appear in official uniforms in accordance with current World Rugby regulations and the General Regulations of the Games.

Each team must have two sets of uniforms clearly differentiated by color.

Article 13. OFFICIAL BALL

The Organizing Committee shall provide the official ball for all championship matches and competitions.

MODEL	BRAND	FEATURES
Quantum Seven Match Ball	GILBERT	Size 5.

Article 14. OFFICIAL TECHNICAL MEETING

- a) The Official Technical Meeting shall be held on July 20, 2026, in in-person format.
- b) Attendance is mandatory for all participating countries.
- c) Each delegation must be represented by:
 - The delegation and/or discipline delegate and the team's head coach.



d) The detailed agenda shall be communicated through a subsequent Technical Bulletin.

Article 15. DRAW AND GROUP FORMATION

- a) The official draw for the Rugby Sevens competition shall be held virtually on July 3, 2026, under the supervision of the Local Organizing Committee (LOC) and the FISU AMERICA Sports Technical Commission.
- b) The draw shall be conducted in accordance with the principles and recommendations of World Rugby, ensuring sporting fairness, transparency and competitive balance.
- c) For group formation, the following shall be considered in order of priority:
- The host country and the champion country from the previous edition shall be placed in different groups through a directed draw, ensuring that both occupy the first position in their assigned group.
 - Sporting results from previous editions of the FISU AMERICA Games.
 - Additional technical criteria defined by the FISU AMERICA Technical Commission in coordination with the LOC.
- d) The draw results and preliminary schedule shall be made official through a Technical Bulletin.

Article 16. UNFORESEEN CASES

Cases not covered in these Technical Regulations shall be resolved in accordance with Article 58 of the General Regulations of the IV FISU AMERICA GAMES LIMA 2026 and current World Rugby regulations.

ORGANIZING COMMITTEE





IV FISU AMERICA GAMES
LIMA 2026



“ One continent,
one passion ”