



IV FISU AMERICA GAMES
LIMA 2026

TECHNICAL REGULATION OF **SWIMMING**



UPDATES

DATE	CHANGES
01/05/2026	<ul style="list-style-type: none">• Article 7 was updated: training program.• Article 9 was updated: technical officials (judges).• Article 11 was updated: uniforms.



TABLE OF CONTENTS

SWIMMING TECHNICAL REGULATIONS.....	3
Article 1. GENERAL INFORMATION.....	3
Article 2. COMPETITION AUTHORITIES.....	3
Article 3. PARTICIPATION BY COUNTRY.....	4
Article 4. OFFICIAL STATUS OF THE EVENT.....	5
Article 5. OFFICIAL EVENTS.....	5
Article 6. TRAINING PROGRAM.....	6
Article 7. QUALIFICATION AND SEEDING PROCEDURE.....	6
Article 8. AWARDS - MEDALS.....	10
Article 9. TECHNICAL OFFICIALS.....	10
Article 10. CONDUCT.....	10
Article 11. UNIFORMS, SPORTS EQUIPMENT AND FACILITIES.....	11
Article 12. TECHNICAL MEETING.....	11
Article 13. UNFORESEEN CASES.....	11



SWIMMING TECHNICAL REGULATIONS

IV FISU AMERICA GAMES - LIMA 2026

These Technical Regulations establish the sports rules governing the Swimming competition at the IV FISU AMERICA GAMES - LIMA 2026. They have been prepared by the Peruvian University Sports Federation (FEDUP) and approved by FISU AMERICA.

They are mandatory for all participants and shall be applied together with the General Regulations of the IV FISU AMERICA GAMES - LIMA 2026, as well as the regulations in force of FISU AMERICA and World Aquatics.

In the event of any discrepancy in the interpretation of the technical rules, the official English text of World Aquatics shall prevail.

Article 1. GENERAL INFORMATION

- **ORGANIZER** : FISU AMERICA and the Local Organizing Committee (LOC) - FEDUP.
- **VENUE** : Aquatic Center of IPD - VIDENA
- **REGISTRATION** : In accordance with Article 20 of the General Regulations of the IV FISU AMERICA GAMES - LIMA 2026.
- **TECHNICAL MEETING:** July 23, 2026, 18:00 hours. In-person format. Venue to be announced through an Official Bulletin.
- **COMPETITION** : July 24 to 26, 2026.
- **SCHEDULE** : shall be established in the Official Competition Program.

Article 2. COMPETITION AUTHORITIES

The Swimming competition shall be organized and supervised by:



- a) The FISU AMERICA Sports Technical Commission.
- b) The Local Organizing Committee (LOC) - Lima 2026.
- c) The Technical Coordinator for the discipline.
- d) The Referee and technical officials appointed in accordance with current World Aquatics regulations and approved by FISU AMERICA.

Article 3. PARTICIPATION BY COUNTRY

3.1 Individual events

Each country may register up to three (3) swimmers per individual event and per gender (women and men), in accordance with the General Regulations of the Games.

3.2 Relay events

- a) In each relay event, each country may register up to two (2) teams per gender.
- b) For each relay event, each country may register up to six (6) swimmers per team, of whom four (4) shall be designated to compete in each event, in accordance with World Aquatics regulations.

3.4 Maximum participation per athlete

- a) Each swimmer may participate in up to six (6) individual events and up to three (3) relay events, in accordance with current World Aquatics regulations and the Official Competition Program.
- b) At the first general technical meeting, the head of delegation or their representative shall confirm and sign the official list of competitors.
- c) Any entry not duly confirmed at the first general technical meeting shall not be considered.
- d) Every swimmer is required to participate in the events for which they are entered. If they do not participate, they may not participate in the remaining events of that session.
- e) The composition of relay teams may be modified in the heats and in the final of an event.



Technical staff by country.

Each country may register a minimum of one (1) and a maximum of four (4) technical officials specific to the discipline of swimming (coach, assistant, physician or physiotherapist and delegate), according to the technical needs of the discipline, provided that such registration does not exceed the maximum number of officials permitted per delegation under the General Regulations of the IV FISU AMERICA GAMES - LIMA 2026.

Article 4. OFFICIAL STATUS OF THE EVENT

For an event to be considered official, it must have the participation of at least three (3) athletes per event and/or category, in accordance with Article 32 of the General Regulations of the Games.

Article 5. OFFICIAL EVENTS

The competition shall be held in the following official events, in the women-s and men-s divisions:

SWIMMING (42)		
No.	MEN (17)	WOMEN (17)
INDIVIDUAL (34)		
1	50 m Freestyle	50 m Freestyle
2	100 m Freestyle	100 m Freestyle
3	200 m Freestyle	200 m Freestyle
4	400 m Freestyle	400 m Freestyle
5	800 m Freestyle	800 m Freestyle
6	1500 m Freestyle	1500 m Freestyle
7	50 m Backstroke	50 m Backstroke
8	100 m Backstroke	100 m Backstroke
9	200 m Backstroke	200 m Backstroke
10	50 m Breaststroke	50 m Breaststroke
11	100 m Breaststroke	100 m Breaststroke
12	200 m Breaststroke	200 m Breaststroke



13	50 m Butterfly	50 m Butterfly
14	100 m Butterfly	100 m Butterfly
15	200 m Butterfly	200 m Butterfly
16	200 m Individual Medley	200 m Individual Medley
17	400 m Individual Medley	400 m Individual Medley
RELAYS (6)		
18	4 x 100 m Freestyle Relay	4 x 100 m Freestyle Relay
19	4 x 200 m Freestyle Relay	4 x 200 m Freestyle Relay
20	4 x 100 m Medley Relay	4 x 100 m Medley Relay
MIXED (2)		
21	4 x 100 m Mixed Freestyle Relay	
22	4 x 100 m Mixed Medley Relay	

Article 6. TRAINING PROGRAM

The training program and schedule shall be established once the final entries have been received. Training sessions shall take place at the competition venue.

The facilities may only be used during the schedules designated by the Organizing Committee. The open pool system shall be used in the training facilities to ensure equal conditions.

Article 7. QUALIFICATION AND SEEDING PROCEDURE

No minimum qualification times shall be required, in order to promote the participation of university student-athletes.

Competitors and teams shall be placed in heats according to the declared entry times, which must be entered in the FISU AMERICA registration system.

These times shall serve as a reference for preparing heats and lanes, in compliance with current World Aquatics regulations and the technical provisions of FISU AMERICA and the Local Organizing Committee (LOC).



First Session Heats: Friday, July 24, 2026

7:00 Hours: Warm-up begins

9:00 Hours: Competition begins

Event	Gender	Phase
800 m Freestyle	Women	Preliminary heats
800 m Freestyle	Men	Preliminary heats
50 m Breaststroke	Women	Heats
50 m Breaststroke	Men	Heats
100 m Backstroke	Women	Heats
100 m Backstroke	Men	Heats
100 m Butterfly	Women	Heats
100 m Butterfly	Men	Heats
400 m Individual Medley	Women	Heats
400 m Individual Medley	Men	Heats
200 m Freestyle	Women	Heats
200 m Freestyle	Men	Heats
4 x 100 m Freestyle Relay	Mixed	Heats

First Session Finals: Friday, July 24, 2026

16:00 Hours: Warm-up begins

18:00 Hours: Competition begins

Event	Gender	Phase
800 m Freestyle	Women	Fast heat
800 m Freestyle	Men	Fast heat
50 m Breaststroke	Women	Final
50 m Breaststroke	Men	Final
100 m Backstroke	Women	Final
100 m Backstroke	Men	Final
100 m Butterfly	Women	Final
100 m Butterfly	Men	Final
400 m Individual Medley	Women	Final
400 m Individual Medley	Men	Final
200 m Freestyle	Women	Final
200 m Freestyle	Men	Final
4 x 100 m Freestyle Relay	Mixed	Final



Second Session Heats: Saturday, July 25, 2026

7:00 Hours: Warm-up begins

9:00 Hours: Competition begins

Event	Gender	Phase
4 x 100 m Medley Relay	Women	Heats
4 x 100 m Medley Relay	Men	Heats
400 m Freestyle	Women	Heats
400 m Freestyle	Men	Heats
200 m Backstroke	Women	Heats
200 m Backstroke	Men	Heats
100 m Breaststroke	Women	Heats
100 m Breaststroke	Men	Heats
50 m Freestyle	Women	Heats
50 m Freestyle	Men	Heats
200 m Butterfly	Women	Heats
200 m Butterfly	Men	Heats
4 x 200 m Freestyle Relay	Women	Heats
4 x 200 m Freestyle Relay	Men	Heats

Second Session Finals: Saturday, July 25, 2026

16:00 Hours: Warm-up begins

18:00 Hours: Competition begins

Event	Gender	Phase
4 x 100 m Medley Relay	Women	Final
4 x 100 m Medley Relay	Men	Final
400 m Freestyle	Women	Final
400 m Freestyle	Men	Final
200 m Backstroke	Women	Final
200 m Backstroke	Men	Final
100 m Breaststroke	Women	Final
100 m Breaststroke	Men	Final
50 m Freestyle	Women	Final



50 m Freestyle	Men	Final
200 m Butterfly	Women	Final
200 m Butterfly	Men	Final
4 x 200 m Freestyle Relay	Women	Final
4 x 200 m Freestyle Relay	Men	Final

Third Session Heats: Sunday, July 26, 2026

7:00 Hours: Warm-up begins

9:00 Hours: Competition begins

Distance	Category	Phase
4 x 100 m Medley Relay	Mixed	Heats
1500 m Freestyle	Women	Preliminary heats
1500 m Freestyle	Men	Preliminary heats
200 m Breaststroke	Women	Heats
200 m Breaststroke	Men	Heats
50 m Butterfly	Women	Heats
50 m Butterfly	Men	Heats
100 m Freestyle	Women	Heats
100 m Freestyle	Men	Heats
50 m Backstroke	Women	Heats
50 m Backstroke	Men	Heats
200 m Individual Medley	Women	Heats
200 m Individual Medley	Men	Heats
4 x 100 m Freestyle Relay	Women	Heats
4 x 100 m Freestyle Relay	Men	Heats

Third Session Finals: Sunday, July 26, 2026

16:00 Hours: Warm-up begins

18:00 Hours: Competition begins

Distance	Category	Phase
4 x 100 m Medley Relay	Mixed	Final
1500 m Freestyle	Women	Fast heats
1500 m Freestyle	Men	Fast heats
200 m Breaststroke	Women	Final
200 m Breaststroke	Men	Final
50 m Butterfly	Women	Final



50 m Butterfly	Men	Final
100 m Freestyle	Women	Final
100 m Freestyle	Men	Final
50 m Backstroke	Women	Final
50 m Backstroke	Men	Final
200 m Individual Medley	Women	Final
200 m Individual Medley	Men	Final
4 x 100 m Freestyle Relay	Women	Final
4 x 100 m Freestyle Relay	Men	Final

Note: This schedule is subject to change by the International Technical Delegate and the Organizing Committee.

Article 8. AWARDS - MEDALS

The top three (3) places in the finals shall be awarded, and in the case of 800 m and 1500 m events, the three best times shall be awarded as follows:

First place:	Gold Medal
Second place:	Silver Medal
Third place:	Bronze Medal

Awards shall be presented at the end of the event, following established protocol rules. For this purpose, wearing the official representative uniform of each country shall be mandatory.

Article 9. TECHNICAL OFFICIALS

The competition technical officials shall be appointed by the Local Organizing Committee, with FISU AMERICA approval.

Article 10. CONDUCT

The conduct, sports ethics and fair play rules established by World Aquatics shall apply, as well as the disciplinary provisions of the General Regulations of the Games.



Article 11. UNIFORMS, SPORTS EQUIPMENT AND FACILITIES

11.1 Uniforms:

The athletes- official attire must comply with World Aquatics regulations.

To enter the Aquatic Center facilities (competition and warm-up areas), mandatory footwear change will be required (Crocs-type sandals or aquatic-use sandals).

11.2 Sports equipment and facilities:

Sports equipment and the competition facility shall be implemented according to the specifications set out in the World Aquatics competition regulations.

Article 12. TECHNICAL MEETING

The Technical Meeting shall be held on July 23, 2026, at 18:00 hours at the competition venue. Up to two (02) representatives from each NUSF may attend, with only one having the right to vote.

The Technical Coordinator of the competition shall chair the meeting, accompanied by the International Technical Delegate. During the meeting, the final entries of participants by event shall be confirmed.

Article 13. UNFORESEEN CASES

Matters not covered in these Technical Regulations shall be resolved in accordance with Article 58 of the General Regulations of the IV FISU AMERICA GAMES - LIMA 2026, and in accordance with the current rules of World Aquatics.

ORGANIZING COMMITTEE





IV FISU AMERICA GAMES
LIMA 2026



“ One continent,
one passion ”